

# Navigate Grief's Journey with The Five Guideposts of Healing



## TRAINING PROGRAM FOR THE BEREAVED AND THOSE WHO SUPPORT THE BEREAVED

Learn to guide the bereaved through grief while encouraging them to grow as they heal. This well-rounded program is excellent for anyone looking for a way to organize the chaos of grief and help someone navigate towards deep, meaningful healing.

*CEU/CEH Available)*

### WHAT YOU'LL LEARN ...

- The main components of the Three-Legged Stool approach to support the bereaved.
- A whole-person practice to keep oneself centered and present when supporting the bereaved.
- Identify each of The Five Guideposts of Healing to assist the bereaved through their grief.
- Specific methods to help the bereaved identify and overcome roadblocks to healing.
- Ways to nurture and cultivate resiliency in the bereaved to enhance their capacity to experience and honor their unique response to grief.

**Register online at [www.grieftrainingnow.com](http://www.grieftrainingnow.com), or Contact:**

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