

Become a Companion for the Bereaved by Honoring Grief: Intending to Heal



AN IN-DEPTH, EXPERIENTIAL TRAINING PROGRAM FOR THOSE WHO SUPPORT THE BEREAVED

Our pinnacle program. A five-session series for those who wish to companion the bereaved or are already doing so in various capacities. This in-depth training is exceptionally powerful because it's applicable and experiential, guiding one to transform oneself into a companion for the bereaved.

(CEU/CEH Available)

WHAT YOU'LL LEARN ...

- Articulate contemporary models of grieving, and grief responses, during the mourning process.
- Cultivate a “beginners mind” approach to companion the bereaved.
- Create and hold safe space for the bereaved.
- Apply the companion philosophy as a modality of supporting the bereaved.
- Develop active listening, questioning and facilitator skills.
- Put in to practice the ‘Five Guidepost’ approach to help guide the bereaved through the grief process.
- Understand sustainable and intentional self-care.
- Identify values and beliefs that impact one’s approach to self-care
- Define five pillars for one’s own self-care practice.

Learn more at www.grieftrainingnow.com, or Contact:

Daryl Powers

The Grief Training Center of Wisconsin
dpowers@grieftrainingnow.com

