



Overcome Compassion Fatigue and Burnout at Work

A CRITICALLY IMPORTANT PROGRAM FOR OVER-STRETCHED STAFF AND WHO PRIORITIZE SERVICE AND DUTY TO OTHERS.

Learn to identify the signs of compassion fatigue and burnout at work and how to reverse the patterns to gain greater balance and satisfaction in your career or vocation.

This program delivers vital insight and guidance to help those whose own needs are too often overlooked or neglected while serving the needs of others.

(CEU/CEH Available)

WHAT YOU'LL LEARN ...

- Gain awareness of compassion fatigue and burnout in service roles.
- Identify the signs of and root causes of compassion fatigue and burnout.
- Discover the "ABC Method" to address compassion fatigue and burnout.
- Learn practical ways to defend from compassion fatigue and burnout.
- Create personalized strategies to care and serve with balance.

Register online at www.grieftrainingnow.com, or Contact:

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