

Overcome the Threat of Compassion Fatigue and Burnout at Work



A CRITICALLY IMPORTANT PROGRAM FOR COMPASSIONATE DOERS WHO PRIORITIZE SERVICE AND DUTY TO OTHERS.

Learn to identify the signs of compassion fatigue and burnout and how to reverse the patterns to gain greater balance and satisfaction in your career or volunteer effort.

This program delivers vital insight and guidance to help those whose own needs are too often overlooked or neglected while serving the needs of others.

(CEU/CEH Available)

WHAT YOU'LL LEARN ...

- Insight into understanding compassion fatigue and burnout.
- Identify the signs of and root causes of compassion fatigue and burnout.
- Discover the "ABC Method" to address compassion fatigue and burnout.
- Understand the meaning and role of boundaries to defend from compassion fatigue and burnout.
- Prevent compassion fatigue and burnout through personalized, holistic strategies.

Register online at www.grieftrainingnow.com, or Contact:

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